


A Minimum of One Fruit or Vegetable is required for a reimbursable meal



**December 2017  
Metro Lunch Menu**

Daily Milk offered includes 1%, skim, or skim chocolate

All meals include milk, fruit, vegetable, grain, meat/meat alternative

				December 1
				Chicken Nuggets w/ Hot Roll <b>Sides:</b> School Planned Fruits and Vegetables
December 4	December 5	December 6	December 7	December 8
Grilled Cheese & Tomato Soup w/ Goldfish <b>Sides:</b> Pineapple Applesauce Baby Carrots Peas	Chicken Crisпитos w/ Cheese Sauce <b>Sides:</b> Apples Peaches Corn Mixed Vegetables	Pizza Crunchers <b>Sides:</b> Pears 100% Fruit Juice Sweet Potato Fries Broccoli	Chicken Fajitas & Spanish Rice <b>Sides:</b> Fruit Cocktail Orange Smiles Fajita Blend Vegetables  Refried Beans	Stuffed Cheese Sticks & Marinara <b>Sides:</b> School Planned Fruits and Vegetables
December 11	December 12	December 13	December 14	December 15
Turkey O'Toole <b>Sides:</b> Fresh Fruit Pineapple Steak Fries Baked Beans	Soft Shell Tacos w/ Salsa <b>Sides:</b> Applesauce Fresh Fruit Corn Roasted Chickpeas	Creamy Mac & Cheese w/ Breadstick <b>Sides:</b> Mandarin Oranges Fruit Cocktail Fresh Cauliflower Sweet Potato Fries	Italian Dunkers & Meat Sauce <b>Sides:</b> Peaches 100% Fruit Juice Side Salad Baby Carrots	Spicy Chicken Wrap <b>Sides:</b> School Planned Fruits and Vegetables
December 18	December 19	December 20	December 21	December 22
Chicken Tender Wrap <b>Sides:</b> Pineapple Pears Baby Carrots Mixed Vegetables	Turkey Gravy w/ Hot Roll <b>Sides:</b> Fresh Fruit Fruit Slushie Mashed Potatoes Green Beans	Pepper Jack Beef Deli <b>Sides:</b> Mandarin Oranges Fruit Cocktail Baked Beans Sweet Potato Fries	Spaghetti & Meatballs w/ Breadstick <b>Sides:</b> Applesauce Peaches Steamed Broccoli Peas & Carrots	<b>No School</b>
December 25	December 26	December 27	December 28	December 29
<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate
Hamburger/Cheeseburger Cheese Pizza	Chicken Patty Pick 2 Salad w/ Toasted Flatbread	Honey BBQ Rib on a Bun Cheese Pizza	Spicy Chicken Patty Pick 2 Salad w/ Toasted Flatbread	Fish Wedge Turkey & Cheese Sub

Menu Item (P May Contain Pork)

This institution is an equal opportunity provider. [Link to Nondiscrimination Statement on Dept. Website.](#)