




A Minimum of One Fruit or Vegetable is required for a reimbursable meal



**May/June 2018  
Metro Lunch Menu**

Daily Milk offered includes 1%, skim. or skim chocolate

All meals include milk, fruit, vegetable, grain, meat/meat alternative

	May 1	May 2	May 3	May 4
 Celebrate your cafeteria staff on the first Friday in May!	Sloppy Joe on a Bun <b>Sides:</b> Fruit Slushie Peaches Sweet Potato Fries Baked Beans	Lasagna Roll Up & Garlic Toast <b>Sides:</b> Mandarin Oranges Fresh Fruit Green Beans Mixed Vegetables	Walking Taco w/ Spanish Rice <b>Sides:</b> Apple Slices Pineapple Side Salad Roasted Chickpeas	BBQ Chicken Flatbread <b>Sides:</b> School Planned Fruits and Vegetables 
May 7	May 8	May 9	May 10	May 11
Chicken Nuggets & Hot Roll <b>Sides:</b> Fresh Fruit 100% Fruit Juice Broccoli Mashed Potatoes & Gravy	Chicken Crisпитos w/ Cheese Sauce <b>Sides:</b> Applesauce Peaches Corn Baby Carrots	Pizza Crunchers <b>Sides:</b> Pineapple Fruit Cocktail Sweet Potato Fries Fresh Cucumber	Chicken Fajitas & Spanish Rice <b>Sides:</b> Pears Orange Wedges Fajita Blend Vegetables Refried Beans	Stuffed Cheese Sticks w/ Marinara <b>Sides:</b> School Planned Fruits and Vegetables
May 14	May 15	May 16	May 17	May 18
Turkey O'Toole <b>Sides:</b> Pineapple Peaches Baked Steak Fries Green Beans	Soft Shell Tacos w/ Salsa <b>Sides:</b> Fruit Slushie Fresh Fruit Refried Beans Corn	Creamy Mac & Cheese w/ Breadstick <b>Sides:</b> Applesauce Fresh Fruit Sweet Potato Fries Mixed Vegetables	Italian Dunkers & Meat Sauce <b>Sides:</b> Fresh Fruit Carisins Side Salad Baby Carrots 	Buffalo Chicken Croissant <b>Sides:</b> School Planned Fruits and Vegetables
May 21	May 22	May 23	May 24	May 25
Beef & Cheese Nachos w/ Tortilla Chips & Salsa <b>Sides:</b> Mandarin Oranges Pears Refried Beans Corn	Stuffed Crust Pepperoni Pizza <b>P</b> <b>Sides:</b> Fresh Fruit Peaches Baby Carrots Green Beans	Pepper Jack Beef Deli <b>Sides:</b> Pineapple Fresh Fruit Sweet Potato Fries Mixed Vegetables	Spaghetti & Meat Sauce w/ Breadstick <b>Sides:</b> Applesauce 100% Fruit Juice Side Salad Peas	Chicken Tender Wrap <b>Sides:</b> School Planned Fruits and Vegetables
May 28	May 29	May 30	May 31	June 1
<b>No School</b>	School Planned Menu (Limited Alternates)	School Planned Menu (Limited Alternates)	School Planned Menu (Limited Alternates)	School Planned Menu (Limited Alternates)
Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate
Hamburger/Cheeseburger Cheese Pizza	Chicken Patty Pick 2 Salad w/ Toasted Flatbread	Honey BBQ Rib on a Bun Cheese Pizza	Spicy Chicken Patty Pick 2 Salad w/ Toasted Flatbread	Fish Wedge Turkey & Cheese Sub

Menu Item (**P** May Contain Pork)

This institution is an equal opportunity provider. [Link to Nondiscrimination Statement on Dept. Website.](#)