




A Minimum of One Fruit or Vegetable is required for a reimbursable meal



**May/June 2018  
Metro Lunch Menu**

Daily Milk offered includes 1%, skim. or skim chocolate

All meals include milk, fruit, vegetable, grain, meat/meat alternative

|   | May 1   | May 2  | May 3  | May 4  |
|---|---|--|--|--|
| <br>Celebrate your cafeteria staff on the first Friday in May! | Sloppy Joe on a Bun<br><b>Sides:</b> Fruit Slushie<br>Peaches<br>Sweet Potato Fries<br>Baked Beans            | Lasagna Roll Up & Garlic Toast<br><b>Sides:</b> Mandarin Oranges<br>Fresh Fruit<br>Green Beans<br>Mixed Vegetables     | Walking Taco w/ Spanish Rice<br><b>Sides:</b> Apple Slices<br>Pineapple<br>Side Salad<br>Roasted Chickpeas   | BBQ Chicken Flatbread<br><b>Sides:</b> School Planned Fruits and Vegetables<br> |
| May 7   | May 8   | May 9  | May 10   | May 11   |
| Chicken Nuggets & Hot Roll<br><b>Sides:</b> Fresh Fruit<br>100% Fruit Juice<br>Broccoli<br>Mashed Potatoes & Gravy                              | Chicken Crisпитos w/ Cheese Sauce<br><b>Sides:</b> Applesauce<br>Peaches<br>Corn<br>Baby Carrots              | Pizza Crunchers<br><b>Sides:</b> Pineapple<br>Fruit Cocktail<br>Sweet Potato Fries<br>Fresh Cucumber                   | Chicken Fajitas & Spanish Rice<br><b>Sides:</b> Pears<br>Orange Wedges<br>Fajita Blend Vegetables<br>Refried Beans   | Stuffed Cheese Sticks w/ Marinara<br><b>Sides:</b> School Planned Fruits and Vegetables  |
| May 14  | May 15  | May 16   | May 17   | May 18   |
| Turkey O'Toole<br><b>Sides:</b> Pineapple<br>Peaches<br>Baked Steak Fries<br>Green Beans  | Soft Shell Tacos w/ Salsa<br><b>Sides:</b> Fruit Slushie<br>Fresh Fruit<br>Refried Beans<br>Corn              | Creamy Mac & Cheese w/ Breadstick<br><b>Sides:</b> Applesauce<br>Fresh Fruit<br>Sweet Potato Fries<br>Mixed Vegetables | Italian Dunkers & Meat Sauce<br><b>Sides:</b> Fresh Fruit<br>Carisins<br>Side Salad<br>Baby Carrots<br> | Buffalo Chicken Croissant<br><b>Sides:</b> School Planned Fruits and Vegetables  |
| May 21  | May 22  | May 23   | May 24   | May 25   |
| Beef & Cheese Nachos w/ Tortilla Chips & Salsa<br><b>Sides:</b> Mandarin Oranges<br>Pears<br>Refried Beans<br>Corn                              | Stuffed Crust Pepperoni Pizza <b>P</b><br><b>Sides:</b> Fresh Fruit<br>Peaches<br>Baby Carrots<br>Green Beans | Pepper Jack Beef Deli<br><b>Sides:</b> Pineapple<br>Fresh Fruit<br>Sweet Potato Fries<br>Mixed Vegetables              | Spaghetti & Meat Sauce w/ Breadstick<br><b>Sides:</b> Applesauce<br>100% Fruit Juice<br>Side Salad<br>Peas   | Chicken Tender Wrap<br><b>Sides:</b> School Planned Fruits and Vegetables  |
| May 28  | May 29  | May 30   | May 31   | June 1   |
| <b>No School</b>  | School Planned Menu (Limited Alternates)  | School Planned Menu (Limited Alternates)   | School Planned Menu (Limited Alternates)   | School Planned Menu (Limited Alternates)   |
| Monday Alternate  | Tuesday Alternate   | Wednesday Alternate  | Thursday Alternate   | Friday Alternate   |
| Hamburger/Cheeseburger<br>Cheese Pizza  | Chicken Patty<br>Pick 2 Salad w/ Toasted Flatbread  | Honey BBQ Rib on a Bun<br>Cheese Pizza   | Spicy Chicken Patty<br>Pick 2 Salad w/ Toasted Flatbread   | Fish Wedge<br>Turkey & Cheese Sub  |

Menu Item (**P** May Contain Pork)

This institution is an equal opportunity provider. [Link to Nondiscrimination Statement on Dept. Website.](#)